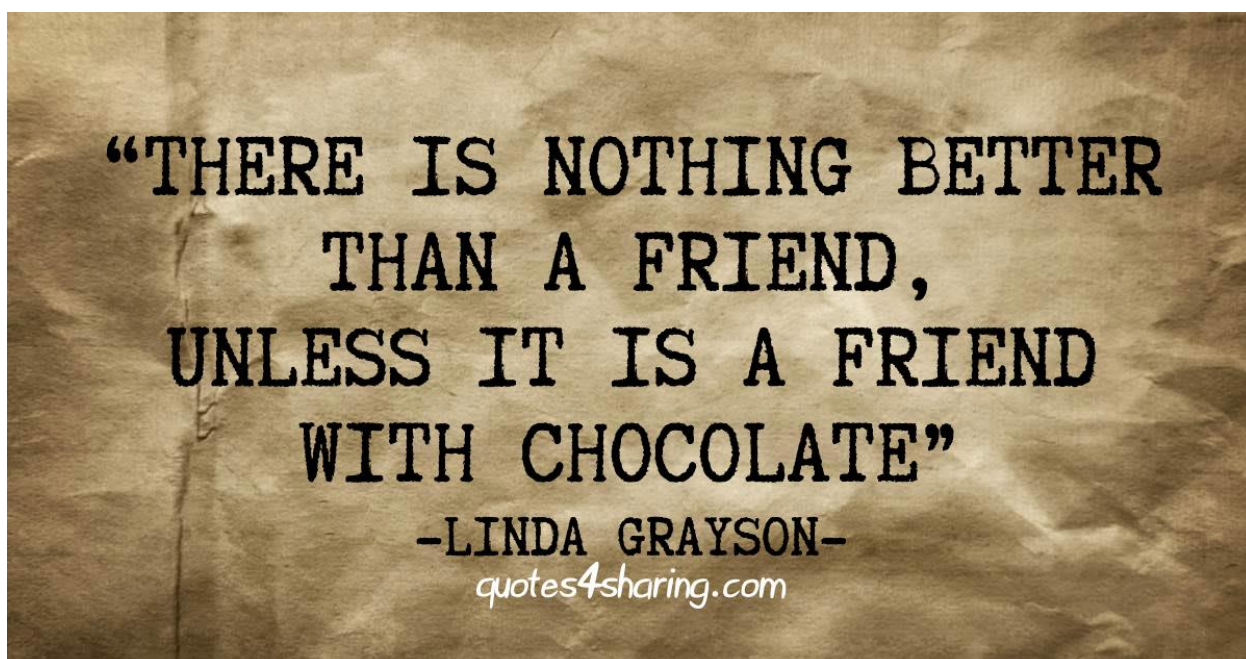


Lesson 6- Food-Video(part 3)



Exercise 1

Answer the questions

- ✓ What do you think about your grandparents' and your lifestyle? Is there any difference?
- ✓ Is there any difference in eating habits? Compare your grandparents' eating habits with your own.
- ✓ Compare your grandparents' free time activities with your own.
- ✓ Compare your grandparents' social relationships with your own.

Watch the video. Pause at the moments you see any difference between two generations.

<http://film-english.com/2013/10/07/coca-cola-ad/>

<https://www.youtube.com/watch?v=qvsTjZko2gw#action=share>

<https://www.youtube.com/embed/qvsTjZko2gw>

- ✓ Did your grandparents move more, eat better and take it more easily than you?
- ✓ Do you think the advert raises awareness of the benefits of a balanced diet and active, healthy lifestyle?
- ✓ Do you think drinks like Coca-Cola can form part of a balanced diet?

Exercise 2

Answer the questions

- ✓ Would you say you eat a healthy diet?
- ✓ How often do you eat takeaways and junk food?
- ✓ How often do you eat snacks?
- ✓ Have you ever found yourself eating snacks while you are working?
- ✓ Have you ever skipped breakfast? If yes, how often do you skip it?

https://quizlet.com/305104520/english_advanced_lesson9_food-flash-cards/?new

Watch the video «Tips for eating a healthier diet you can pick out»

<https://www.esolcourses.com/content/topics/food/healthy-eating/healthy-eating-lesson-activities.html>

Answer the questions **ВОПРОСЫ В ССЫЛКЕ ПОСЛЕ ВИДЕО**

<https://www.esolcourses.com/content/topics/food/healthy-eating/healthy-eating-lesson-activities.html>

Exercise 3

Watch the video

<https://www.youtube.com/watch?v=5Ua-WVg1SsA>